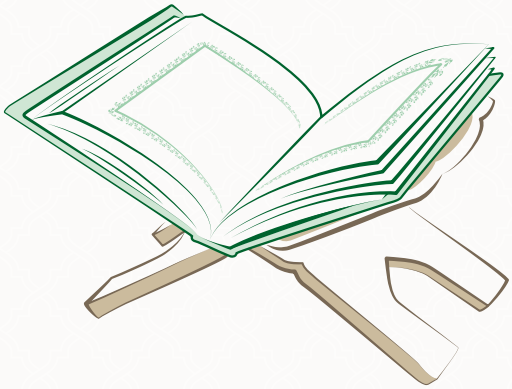
Teacher's Edition

بسم الله الرحمن الرحيم

Qurʾān Appreciation

Qurʾān in the Qurʾān



AL-KISA FOUNDATION

DEDICATION

This book is dedicated to the beloved Imām of the time (ʿaj). May Allah hasten his reappearance and help us to become his true companions.

ACKNOWLEDGMENTS

"The pen of a writer is mightier than the blood of a martyr."
– PROPHET MUḤAMMAD (Ṣ)

True reward lies with Allah, but we would like to sincerely thank all those who have contributed to this publication, especially Wali ul Asr Educational Institute. May Allah bless them in this world and the next.

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Disclaimer: Religious texts have *not* been translated verbatim in order to meet the developmental and comprehension needs of children.

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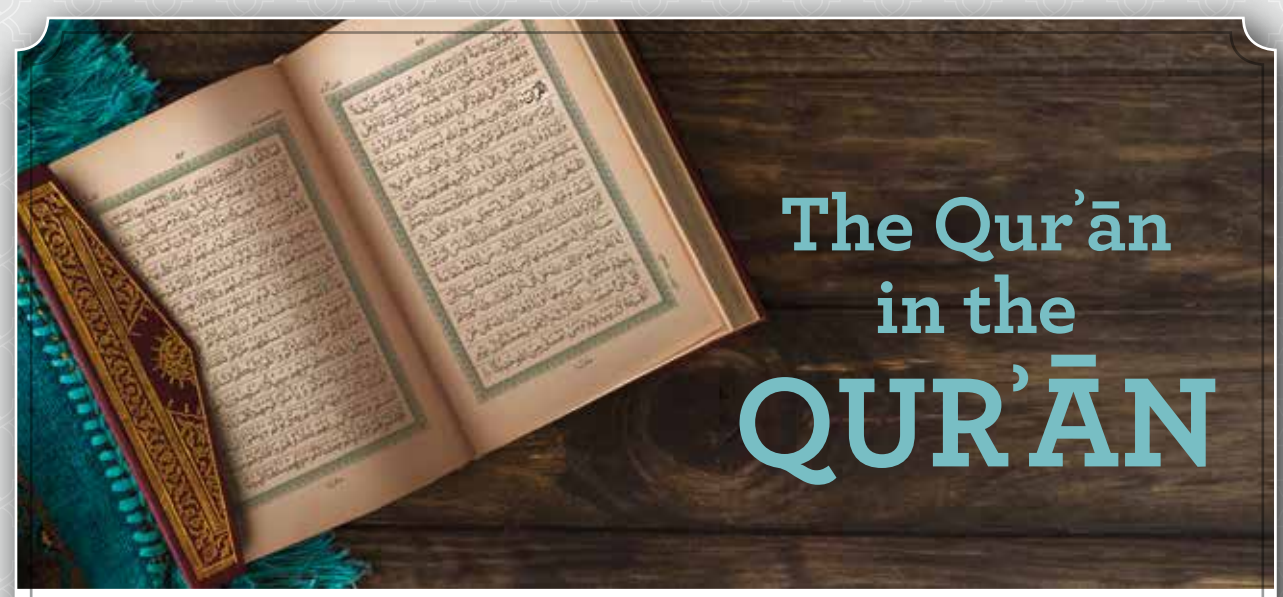

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Introduction

وَنَزَّلْنَا عَلَيْكَ الْكِتَابَ تِبْيَانًا لِّكُلِّ شَيْءٍ وَهُدًى وَرَحْمَةً وَبُشْرَىٰ لِلْمُسْلِمِينَ

… And We have sent down to you the Book (the Qurʾān) as an exposition of everything, a guidance, a mercy, and glad tidings for those who have submitted themselves (to Allah).

(SŪRAH AN-NAḤL 16:89)

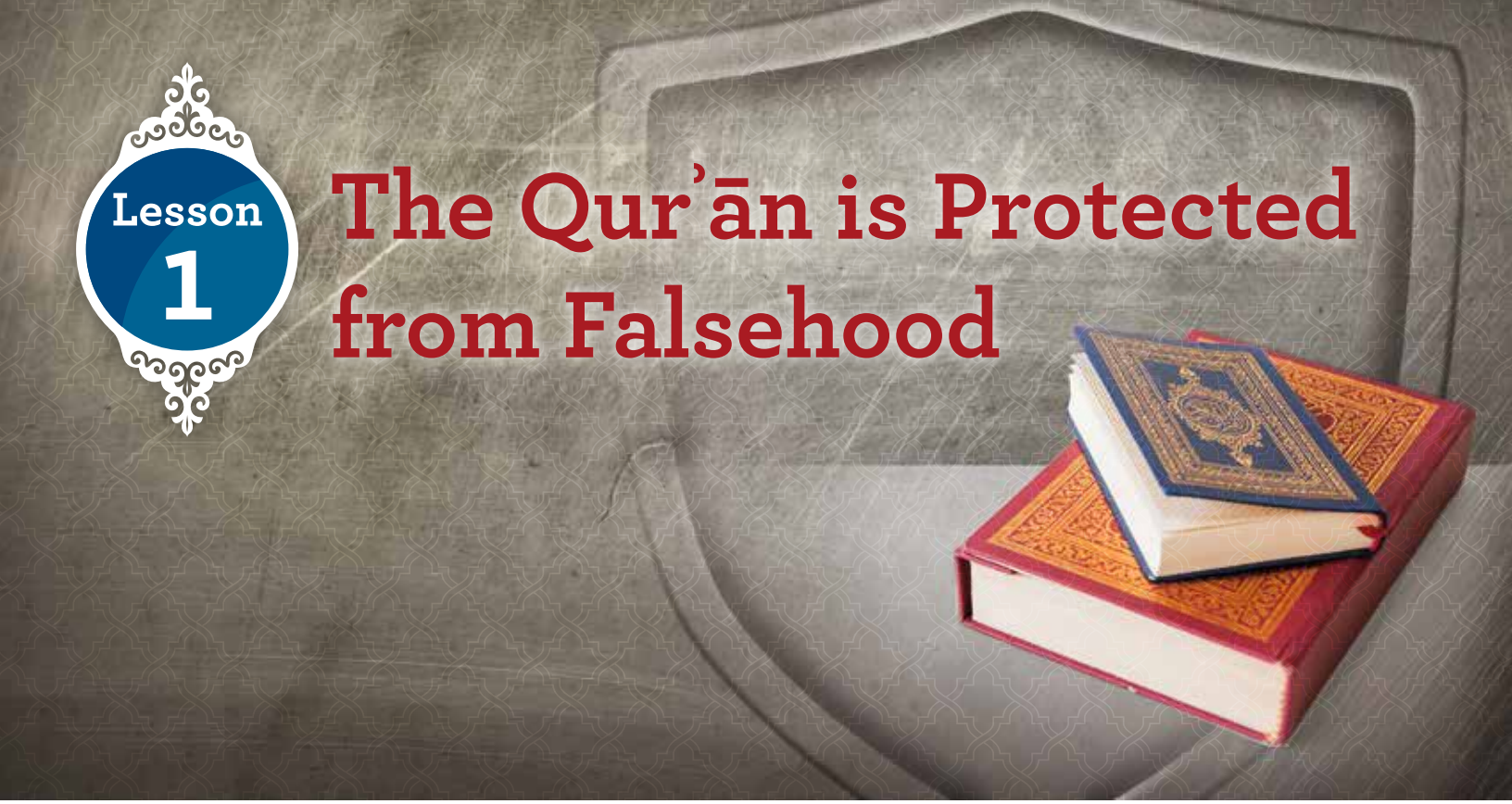
The Qurʾān is one of the greatest miracles given to the Noble Prophet (ṣ). Despite having been revealed over 1400 years ago, its lessons, parables, and messages still hold true and can be applied to one's life today. Unfortunately, we do not truly understand the value of the Qurʾān and what it has to offer. Therefore, the *Qurʾān Appreciation* curriculum strives to help fill this gap and instill an appreciation for the Qurʾān in our students from a young age. This curriculum consists of five booklets, each of which cover different aspects of the Qurʾān.

The theme of the second booklet is Qurʾān in the Qurʾān. It explores seven āyāt (verses) of the Qurʾān over the course of six lessons. Each lesson is based on one of the six themes and consists of Qurʾānic vocabulary, explanation and application of the verse(s), and review questions.

The goal behind this booklet is to promote appreciation, love, understanding, and practical usage of the Qurʾān in the lives of our children. The target age group is upper elementary school.

Lesson 1

The Qur'ān is Protected from Falsehood



Vocabulary

We sent down	نَزَّلْنا
The Reminder	الذِّكْر
Book	كِتَاب
Undefeatable	عَزِيز
Falsehood	الْبَاطِل

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيمِ

إِنَّا نَحْنُ نَزَّلْنَا الذِّكْرَ وَإِنَّا لَهُ لَحَافِظُونَ ﴿٩﴾

Indeed We have sent down the Reminder (the Qur'ān), and indeed We will preserve it.

(SŪRAH AL-ḤIJR 15:9)

وَإِنَّهُ لَكِتَابٌ عَزِيزٌ ﴿٤١﴾
لَا يَأْتِيهِ الْبَاطِلُ مِنْ بَيْنِ يَدَيْهِ وَلَا مِنْ خَلْفِهِ
تَنْزِيلٌ مِنْ حَكِيمٍ حَمِيدٍ ﴿٤٢﴾

...Indeed, it is an undefeatable book. Falsehood can never approach it, not at the time [of revelation] nor after it. It is sent down from One who is the All-Wise and the Praiseworthy.

(SŪRAH AL-FUṢṢILAT 41:41-42)

The Qurʾān is Protected from Falsehood

Miracle of the Qurʾān

Since it was revealed to the Prophet (ṣ), one of the miracles of the Qurʾān is that the Qurʾānic text has not changed over time. Not even one letter has ever been left out or changed! The Qurʾān that we read today is the same book that was revealed to Prophet Muḥammad (ṣ) about 14 centuries ago.

The people who memorized the Qurʾān at the time of the Prophet (ṣ) taught it to others, and it was passed along from generation to generation until it reached us today in the same form as it was revealed to the Prophet.

Throughout history, the Qurʾān was written down in different manuscripts,* and all the manuscripts of the Qurʾān from the earliest to the last have had the same chapters and verses.

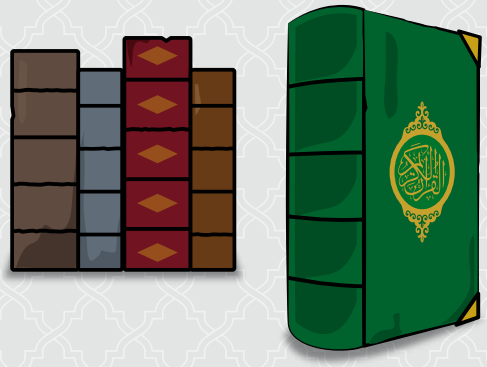
* manuscript: a document that is handwritten

Allah's Promise

In the verses above, Allah has promised to protect the Qurʾān from any type of falsehood that could come from any angle and at any time. The Qurʾān is undefeatable and will never be defeated by falsehood. This means that:

- Allah promises that no one will ever find any truth that contradicts the Qurʾān.
- The Prophet (ṣ) could never make a mistake in teaching people the verses Allah had revealed to Him.
- Allah will never allow anyone to change the Qurʾān by taking out or adding anything.
- The teachings of the Qurʾān will always be useful and applicable.

The Qurʾān is the Book of Allah, and Allah is the All-Powerful, so it is easy for Him to protect the Qurʾān from ever being defeated by falsehood.



Allah's Wisdom

At the end of the second verse, Allah says He is the All-Wise and Praiseworthy. Whenever He does something, He does it in a wise and perfect way. When He sent down the Qurʾān, He made sure to give us a book of guidance that will never be changed. He deserves praise for this action, and that is why He is the Praiseworthy.

Other holy books, such as the Old and New Testaments, have been changed and edited by humans, but the Qurʾān has never been and never will be changed.

The Qurʾān is Protected from Falsehood: WORKSHEET

1. Fill in the blanks:

a) In these verses, Allah states the Qurʾān has not changed.

b) What are two ways the Qurʾān was passed on to the next generation?

- People memorized the Qurʾān and taught it to others
- The Qurʾān was written down in different manuscripts

c) Allah has promised to protect the Qurʾān from any type of falsehood.

d) No one will ever find any truth that contradicts the Qurʾān.

e) The teachings of the Qurʾān will always be useful and applicable.

2. How are the other holy books different from the Qurʾān?

Other holy books have been changed and edited by humans, but the Qurʾān has never been and never will be changed.

3. At the end of the second verse, Allah says He is the All-Wise and Praiseworthy. Explain why.

Whenever He does something, He does it in a wise and perfect way. When He sent down the Qurʾān, He made sure to give us a book of guidance that will never be changed.

4. Fill in the blanks of this vocabulary table:

English	Arabic
We sent down	نَزَّلْنا
The Reminder	الذِّكْر
Book	كِتَاب
Undefeatable	عَزِيز
Falsehood	الْبَاطِل

The Qur'ān is Protected from Falsehood: WORKSHEET

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

عَزِيز	كِتَاب	الْبَاطِل	نَزَّلْنا	الذِّكْر
Undefeatable	Book	Falsehood	We sent down	The Reminder

Fill in the blanks with the Arabic word.

5. The Qur'ān is an عَزِيز book.

6. "Indeed We have sent down الذِّكْر (the Qur'ān) and indeed We will preserve it."

Writing: Use the English translation of the Arabic word to write the definition.

8. عَزِيز
Answers may vary

9. الْبَاطِل
Answers may vary

Unscramble: Use the clue and unscramble the Arabic letters to make a word.

10. Opposite of truth باطلال الْبَاطِل

11. Something you read كابت كِتَاب

12. Allah says this about the revelation of the Qur'ān ازننل نَزَّلْنا

The Qur'ān is Protected from Falsehood: WRITING

Writing: Practice writing the vocabulary words from this lesson.

نَزَّلْنا نَزَّلْنا نَزَّلْنا

We sent down

الذِّكْر الذِّكْر الذِّكْر

The Reminder

كِتَاب كِتَاب كِتَاب

Book

عَزِيز عَزِيز عَزِيز

Undefeatable

الْبَاطِل الْبَاطِل الْبَاطِل

Falsehood

Lesson 2

The Qur'ān is Undoubtedly the Word of Allah

Vocabulary

To be fabricated

يُفْتَرَى

Lord of all the worlds

رَبِّ الْعَالَمِين

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

وَمَا كَانَ هَٰذَا الْقُرْآنُ أَنْ يُفْتَرَىٰ مِنْ دُونِ اللهِ
وَلَٰكِنْ تَصْدِيقَ الَّذِي بَيْنَ يَدَيْهِ وَتَفْصِيلَ
الْكِتَابِ لَا رَيْبَ فِيهِ مِنْ رَبِّ الْعَالَمِينَ ﴿٣٧﴾

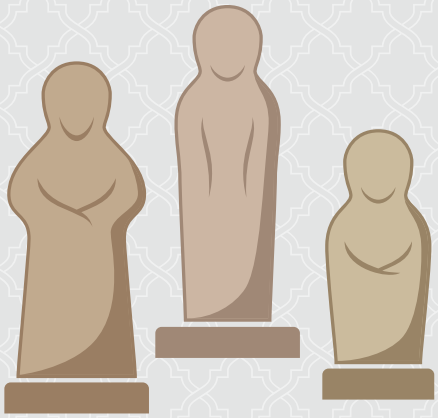
This Qur'ān could not have been fabricated* by others besides Allah. Rather, it is a confirmation of what was [revealed] before it, and an explanation of the Book. There is no doubt in it from the Lord of all the worlds.

(SŪRAH YŪNUS 10:37)

*to fabricate: to invent or construct in order to deceive others

Denial of Idol Worshipers

The idol worshippers at the time of the Prophet (ṣ) who stubbornly refused to accept Islam used to accuse the Prophet (ṣ) of writing the Qurʾān himself. This verse is a response to them.



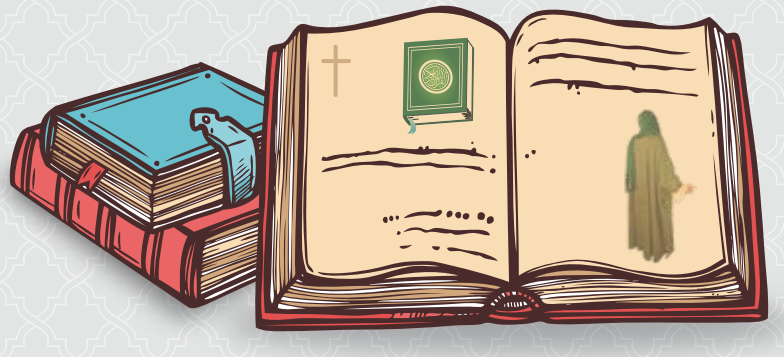
Composing the Qurʾān

The language of the Qurʾān is so eloquent, the content of its teachings are so profound, and the guidelines it offers are so complete that

it is impossible for anyone to have composed the Qurʾān except Allah.

Even the Prophet (ṣ) did not compose the Qurʾān—it was revealed to him.

The Qurʾān is Undoubtedly the Word of Allah



Previous Books

The previous books (like the Tawrāh and Injīl) predicted the coming of the Prophet (ṣ) and the Qurʾān. These predictions were confirmed when the Qurʾān was revealed to the Prophet (ṣ) and he announced his prophethood to the people.

Previous Religions

The religion that all the Prophets taught their people had the same core message. They all taught about and guided people toward Allah, promised reward and true happiness in the hereafter to those who acted righteously with belief, and warned those who turned away from Allah of punishment and misfortune.

But the Qurʾān is the final, most complete, and perfect message of Allah that explains and elaborates on the teachings of previous Prophets. It is a miracle that this book will be able to guide human beings to the right path until the Day of Judgment.

The Qurʾān is the final, most complete, and perfect message of Allah.

The Qur'ān is Undoubtedly the Word of Allah: WORKSHEET

1. Fill in the blanks:

   a) This verse is a response to the idol worshippers at the time of the Prophet (ṣ) who stubbornly refused to accept Islam.

   b) Which two holy books predicted the coming of the Prophet (ṣ) and the Qur'ān? Tawrāh and Injīl

   c) The Qur'ān explains and elaborates on the teachings of previous Prophets.

   d) The Qur'ān is the final, most complete, and perfect message of Allah.

2. What three characteristics of the Qur'ān prove that only Allah could have composed it?

   - The language of the Qur'ān is so eloquent,
   - The content of its teachings are so profound
   - The guidelines it offers are so complete

3. What were three things that all Prophets taught their people?

   - taught about and guided people toward Allah
   - promised reward and true happiness in the hereafter
   - warned of punishment and misfortune

4. Fill in the blanks of this vocabulary table:

English	Arabic
To be fabricated	يُفْتَرَى
Lord of all the worlds	رَبِّ الْعَالَمِين

The Qur'ān is Undoubtedly the Word of Allah: WORKSHEET*

*Also includes vocabulary words from Lesson 1

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

يُفْتَرَى	رَبِّ الْعَالَمِين
To be fabricated	Lord of all the worlds

Unscramble: Use the clue and unscramble the Arabic letters to make a word.

5. Allah is this بنيعاالمر ____رَبِّ الْعَالَمِين____
6. Invent or construct ريفيت ____يُفْتَرَى____
7. Invincible عيزز ____عَزِيز____

Writing: Use the English translation of the Arabic word to write the definition and an example of the English word used in a sentence.

8. يُفْتَرَى

Answers may vary

Matching: Match the Arabic word to its translation. Write the letter in the blank.

D Undefeatable	الذِّكْر	**A**
A The Reminder	نَزَّلْنا	**B**
E To be fabricated	رَبِّ الْعَالَمِين	**C**
B We sent down	عَزِيز	**D**
C Lord of all the worlds	يُفْتَرَى	**E**

Writing: Practice writing the vocabulary words from this lesson.

يُفْتَرَى يُفْتَرَى يُفْتَرَى

To be fabricated

رَبِّ الْعَالَمِين

Lord of all the worlds

رَبِّ الْعَالَمِين رَبِّ الْعَالَمِين

Lesson 3

The Qur'ān is the Truth

Vocabulary

Sent down to you from your Lord	أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ
The truth	الْحَقّ
People	النَّاس
They do not believe	لا يُؤْمِنون

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيمِ

وَالَّذِي أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ الْحَقُّ
وَلَٰكِنَّ أَكْثَرَ النَّاسِ لَا يُؤْمِنُونَ ﴿١﴾

...That which has been sent down to you from your Lord is the truth, but most people do not believe.

(SŪRAH AR-RA'D 13:1)

Absolute Truth

Some people say there is no such thing as absolute truth. But the Qur'ān says that it is the truth, for all times and for all people. There are some things that change about how people live their lives depending on the time and place they are living. For example, centuries ago, people did not have cars or mobile phones. And the type of food that people eat, the language they speak, and the clothes they wear in countries like China, Malaysia, Romania, or Nigeria differ in some ways from what people might typically eat, speak, and wear in countries like the United States and Canada.

But there are some things that are always the same about human beings. They need to eat, they need to speak, they need protection, shelter, family, friends, and education. They need to know the best way of living in this world so they can be the happiest and most successful in this world and the hereafter. Allah has given us guidelines in the Qur'ān that are for those things that are true for all human beings, regardless of when or where they live.

Books that ordinary human beings write will never make such a bold claim. The reason is that ordinary human beings can make mistakes, and their knowledge is limited, but

Allah is perfect and His knowledge is infinite.

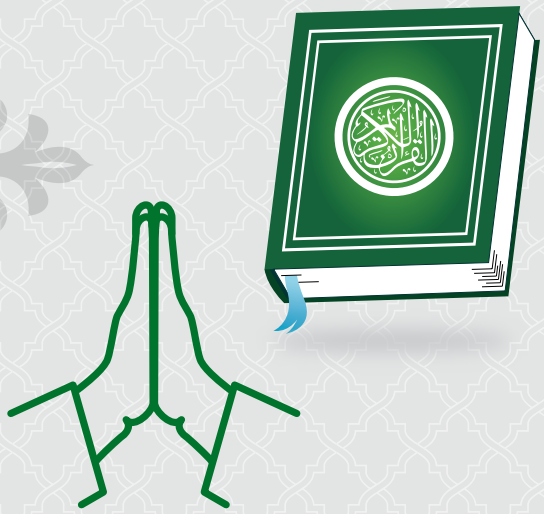
Natural Instinct

Most people who ignore their *fiṭrah* (their natural instinct to know Allah and desire to worship Him) and instead blindly follow their own desires or what people in the society around them do will not believe in the message of the Qurʾān.

For example, if someone regularly holds grudges against people for no good reason, makes fun of them, does *ghībah* of them, and takes pleasure in making their life miserable, he won't be able to accept what the Qurʾān says about forgiving fellow believers, not holding grudges against them, and speaking well to others.

Or, those who spend all their free time watching shows and movies where people pursue their worldly desires will find it difficult to take seriously what the Qurʾān has to say about the importance of the hereafter.

Of course, those who have sinned in the past or have not taken Islam seriously but now do *tawbah* to Allah can be hopeful of Allah's forgiveness and can look forward to benefiting from the Qurʾān. They will realize that the Qurʾān is the truth and love the Qurʾān. They will realize that anything that does not match with what the Qurʾān teaches is false.



The Qur'ān is the Truth: WORKSHEET

1. Fill in the blanks:

   a) The guidelines in the Qur'ān are for things that are t rue

   for all human beings, no matter who they are or when they live.

   b) Allah is perfect and His knowledge is infinite.

   c) One should not ignore their Fitrah (their natural instinct to know

   Allah and desire to worship Him.

   d) Those who repent for their past sins (do Tawbah) can be hopeful of Allah's

   forgiveness.

2. What actions might prevent a person from accepting what the Qur'ān says about forgiving, not holding grudges and speaking well to others? (Answers may vary)

   holding grudges against people for no good reason, making fun of people, doing ghībah, taking pleasure in making their life miserable, spending all their free time watching shows and movies where people pursue their worldly desires

3. List some things that are always the same about human beings: (Answers may vary)

   They need to eat

   They need to speak

   They need protection, shelter

   They need family, friends

   They need education

   They need to know the best way of living in this world so they can be the happiest and most successful in this world and the hereafter

4. Fill in the blanks of this vocabulary table:

English	Arabic
Sent down to you from your Lord	أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ
The truth	الْحَقّ
People	النَّاس
They do not believe	لا يُؤْمِنون

The Qur'ān is the Truth: WORKSHEET*

*Also includes vocabulary words from Lessons 1 & 2

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ	لا يُؤْمِنون	النَّاس	الْحَقّ
Sent down to you from your Lord	They do not believe	People	The truth

Fill in the blanks with the Arabic word.

5. That which has been sent down to you from your Lord is the الْحَقّ,
   but most النَّاس do not believe.
6. The Noble Qur'ān is a book of guidance that was أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ.

Writing

7. Hamza and his mother are watching his little brother's soccer game. Use at least three words from the Word Bank (or previous lessons) and write a short story about their experience.

Answers may vary

Unscramble: Use the clue and unscramble the Arabic letters to make a word.

8. An athiest's stance stance on Allah ؤونني ال م لا يُؤْمِنون
9. Opposite of the falsehood ح ال ق الْحَقّ

The Qur'ān is the Truth: WRITING

Writing: Practice writing the vocabulary words from this lesson.

أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ

Sent down to you from your Lord

الْحَقّ

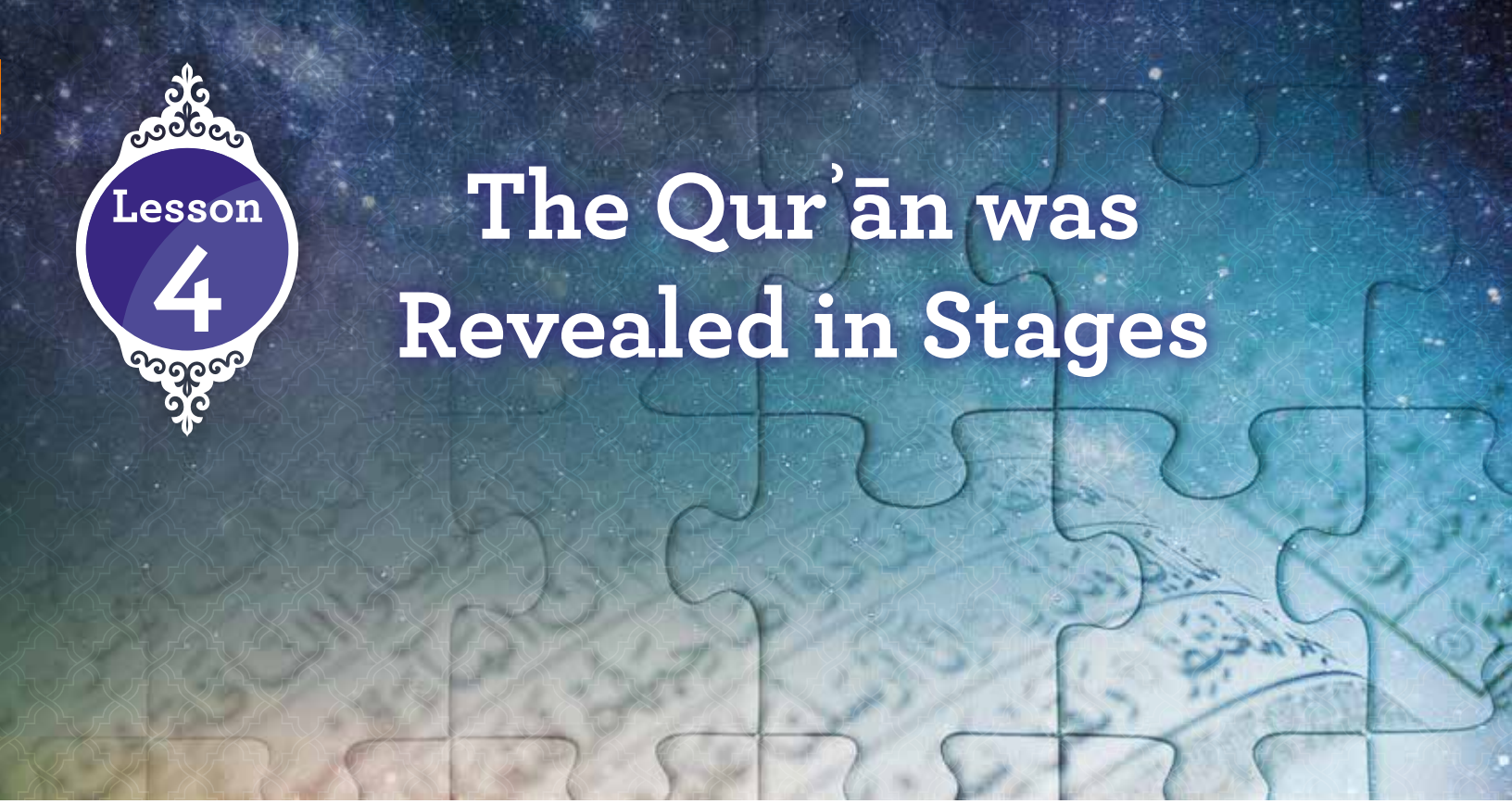
The truth

النَّاس

People

لا يُؤْمِنون

They do not believe



Lesson 4

The Qurʾān was Revealed in Stages

Vocabulary

The faithless

اَلَّذينَ كَفَرُوا

Your heart

فُؤادَكَ

In a carefully ordered way

تَرْتيل

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

وَقَالَ الَّذِينَ كَفَرُوا لَوْلَا نُزِّلَ عَلَيْهِ الْقُرْآنُ جُمْلَةً وَاحِدَةً ۚ كَذٰلِكَ لِنُثَبِّتَ بِهِ فُؤَادَكَ ۖ وَرَتَّلْنَاهُ تَرْتِيلًا ﴿٣٢﴾

The faithless ask, "Why hasn't the Qurʾān been sent down to him all at once?" It is like that so that We may strengthen your heart with it. We have arranged it for you in a careful way.

(SŪRAH AL-FURQĀN 25:32)

The Qurʾān was Revealed in Stages

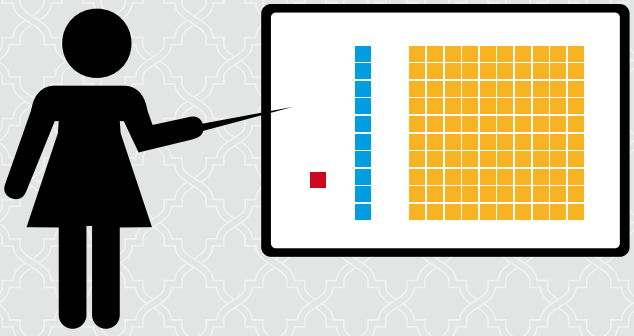
Revelation

Allah revealed the Qurʾān all at once to the Prophet on Laylat ul-Qadr. But this was a special type of revelation where the Prophet (ṣ) was taught the reality of the Qurʾān. Allah revealed the Qurʾān on a gradual basis to the Prophet (ṣ) over a time period of 23 years. This was different than other, previous books of guidance. For example, according to the Qurʾān, Allah gave Nabī Mūsā (ʿa) the entire Tawrāh all at once.

Allah would send the Prophet (ṣ) verses and chapters of the Qurʾān at different occasions when the Muslims were in need of guidance.

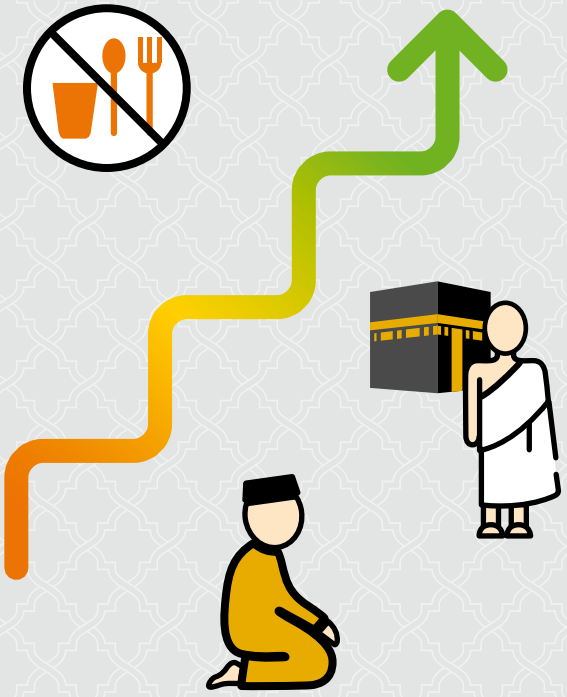
Teaching

Imagine for a moment you are a teacher, and you are trying to teach a new subject to your students. In order to help them learn this subject, would you want to teach them *everything* about that subject all at once? It would be much more effective to teach a bit, and then have your students practice what was taught before going on to teach the next lesson. In that way, the students will be able to learn better.



Gradual Guidance

Similarly, Allah wanted to *gradually* guide the Muslims by teaching them Islam over a number of years. Otherwise it would have been difficult for them to learn it properly. Also, it would have been tough for the Muslims to be commanded to perform ṣalāh, fast, perform Ḥajj, and fulfill the remaining Furūʿ ad-Dīn all at once! The Prophet (ṣ) needed to explain all the rules and conditions for each of them over time, and Muslims needed some time to become used to performing the wājib actions and staying away from those things that were ḥarām.



Allah revealed the Qurʾān with *tartīl*, meaning in a carefully ordered way. Part of the etiquette of reciting the Qurʾān is to read with tartīl.

Imām aṣ-Ṣādiq (ʿa) has said:

Tartīl is to read with pauses [at the end of verse], and to recite with a good voice. When you come to a verse in which mention is made of the Hellfire, seek Allah's help from the Hellfire. And when you come across a verse in which mention is made of Paradise, ask Allah for Paradise.

Majmaʿ al-Bayān, Vol. 5, P. 37

The Qur'ān was Revealed in Stages: WORKSHEET

1. Fill in the blanks:

   a) Allah revealed the Qur'ān all at once to the Prophet (ṣ) on Laylat ul-Qadr.

   b) Allah revealed the Qur'ān on a gradual basis to the Prophet (ṣ) over 23 years.

   c) Imām aṣ-Ṣādiq (ʿa) said, "Tartīl is to read with pauses and to recite with a good voice."

   d) Allah gave Nabī Mūsā (ʿa) the entire Tawrāh all at once.

2. At which occasions did Allah send the Prophet (ṣ) verses and chapters of the Qur'ān?

   when the Muslims were in need of guidance

3. Part of the etiquette of reciting the Qur'ān is to read with tartīl

4. Why did Allah want to gradually guide the Muslims by teaching Islam over many years?

   - It would have been difficult for them to learn Islam properly all at once.
   - It would have been tough for the Muslims to be commanded to perform and fulfill all the Furūʿ ad-Dīn all at once.
   - The Prophet (ṣ) needed to explain all the rules and conditions for each of them over time
   - Muslims needed some time to become used to performing wājib actions and staying away from actions that were ḥarām.

5. Fill in the blanks of this vocabulary table:

English	Arabic
The faithless	اَلَّذينَ كَفَرُوا
Your heart	فُؤادَكَ
In a carefully ordered way	تَرْتيل

The Qur'ān was Revealed in Stages: WORKSHEET*

*Also includes vocabulary words from Lessons 1 – 3

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

اَلَّذينَ كَفَرُوا	فُؤادَكَ	تَرْتيل
The faithless	Your heart	In a carefully ordered way

Fill in the blanks with the Arabic word.

6. The Qur'ān is arranged تَرْتيل.

7. Allah says the Qur'ān was revealed in stages "…so that We may strenghten فُؤادَكَ with it."

Writing: Use the English translation of the Arabic words to write a sentence.

8. اَلَّذينَ كَفَرُوا & لا يُؤْمِنون

Answers may vary

9. الْحَقّ & الْبَاطِل

Answers may vary

Matching: Match the Arabic word to its translation. Write the letter in the blank.

C People	كِتَاب	**A**
G Sent down to you from your Lord	فُؤادَكَ	**B**
E The faithless	النَّاس	**C**
F Lord of all the worlds	نَزَّلْنا	**D**
B Your heart	اَلَّذينَ كَفَرُوا	**E**
A Book	رَبِّ الْعَالَمِين	**F**
D We sent down	أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ	**G**

The Qur'ān was Revealed in Stages: WRITING

Writing: Practice writing the vocabulary words from this lesson.

اَلَّذِينَ كَفَرُوا اَلَّذِينَ كَفَرُوا

The faithless

اَلَّذِينَ كَفَرُوا

فُؤَادَكَ فُؤَادَكَ فُؤَادَكَ

Your heart

تَرْتِيل تَرْتِيل تَرْتِيل

In a carefully ordered way

Lesson 5

The Qur'ān Should Humble the Heart

Vocabulary

A mountain	جَبَل
Humble	خَاشِع
Awe and fear of Allah	خَشْيَةِ اللهِ

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

لَوْ أَنْزَلْنَا هٰذَا الْقُرْآنَ عَلَىٰ جَبَلٍ لَرَأَيْتَهُ خَاشِعًا
مُتَصَدِّعًا مِنْ خَشْيَةِ اللهِ ۚ وَتِلْكَ الْأَمْثَالُ
نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ يَتَفَكَّرُونَ ﴿٢١﴾

If We sent down this Qur'ān on a mountain, you would surely see it humbled* and crumble into pieces out of awe* of Allah. We give such examples for mankind so that they may reflect.*

(SŪRAH AL-ḤASHR 59:21)

* humbled: not proud or arrogant, softness in one's heart
* awe: feeling of respect mixed with fear
* to reflect: to think deeply and carefully

The Qurʾān Should Humble the Heart

In this verse, Allah gives an example of the mountain. Among all of Allah's creations, mountains are considered to be the tallest, strongest, hardest, and most resistant to any challenge.

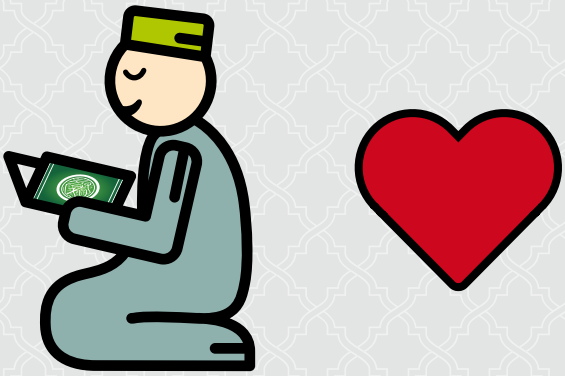
The Greatness of the Qurʾān

The Qurʾān is very great. It contains incredible teachings, laws, stories, advice, promises, and warnings. All of it is the word of Allah, who is indescribably great. The greatness of the Qurʾān is such that a mountain, despite its impressive qualities, is nothing in front of the Qurʾān. If the Qurʾān were to be revealed to a mountain, the mountain would not be able to remain standing. It would crumble into pieces out of humbleness to Allah because of Allah's greatness.

The Qurʾān Should Humble the Heart

Humble Heart

The example of the mountain is given so that human beings can learn how they should respond to the Qurʾān when they are reading or hearing it. Their hearts should become humble when they are reminded of Allah and His greatness through the words of the Qurʾān. They should feel more motivated to obey His commands and stay away from His prohibitions.



The Qur'ān Should Humble the Heart: WORKSHEET

1. Fill in the blanks:

   a) Awe means a feeling of r espect mixed with f ear.

   b) To think deeply and carefully means to r elfect.

   c) The greatness of a mountain is n othing in front of the greatness of the Qur'ān.

2. What does humbled mean? not proud or arrogant, softness in one's heart

3. What qualities of a mountain make it an effective example in this verse?

   Mountains are considered to be the tallest, strongest, hardest, and most resistant to any challenge

4. How should human beings respond to the Qur'ān when they are reading or hearing it ?

   Their hearts should become humble. They should feel more motivated to obey His commands and stay away from His prohibitions.

5. List some things the Qur'ān contains

   teachings

   laws

   stories

   advice

   promises

   warnings

6. Fill in the blanks of this vocabulary table:

English	Arabic
A mountain	جَبَل
Humble	خَاشِع
Awe and fear of Allah	خَشْيَةِ الله

The Qur'ān Should Humble the Heart: WORKSHEET*

*Also includes vocabulary words from Lessons 1 – 4

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

خَشْيَةِ الله	خَاشِع	فُؤادَكَ	جَبَل
Awe and fear of Allah	Humble	Your heart	A mountain

Fill in the blanks with the Arabic word.

7. جَبَل is considered to be the tallest, strongest, hardest, and most resistant creation of Allah.

8. People's hearts should become خَاشِع when they are reminded of Allah and His greatness through the words of the Qur'ān.

Writing

9. Hadi and his friends are going hiking. Use at least three words from the Word Bank (or previous lessons) and write a short story about their experience.

Answers may vary

Unscramble: Use the clue and unscramble the Arabic letters to make a word.

10. Not proud + pumps blood in your body

اكفدؤ + اعخش فُؤادَكَ + خَاشِع

11. If the Qur'ān was sent down on a mountain it would go to pieces due to this

يءةاخلش خَشْيَةِ اللّٰه

The Qur'ān Should Humble the Heart: WRITING*

*Also includes vocabulary words from Lesson 6

Writing: Practice writing the vocabulary words from this lesson.

جَبَل جَبَل جَبَل

A mountain

خَاشِع خَاشِع خَاشِع

Humble

خَشْيَةِ اللّٰه خَشْيَةِ اللّٰه

Awe and fear of Allah

خَشْيَةِ اللّٰه

مَوْعِظَة مَوْعِظَة مَوْعِظَة

Advice that softens the heart

شِفاء شِفاء شِفاء

A cure

هُدَى هُدَى هُدَى

Guidance

رَحْمَة رَحْمَة رَحْمَة

Mercy

Lesson 6

The Qurʾān Heals

Vocabulary

Advice that softens the heart	مَوْعِظَة
A cure	شِفاء
Guidance	هُدَى
Mercy	رَحْمَة

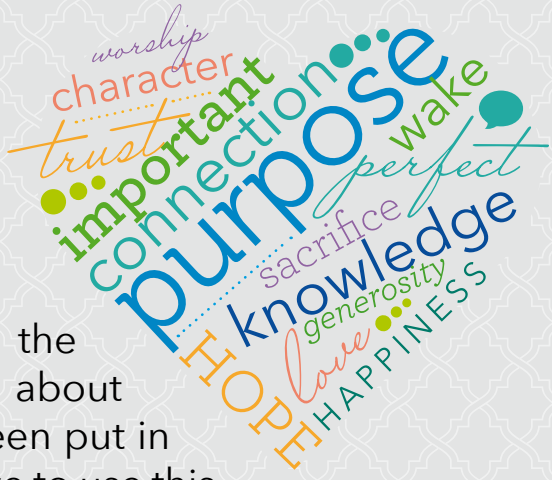
بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِنْ
رَبِّكُمْ وَشِفَآءٌ لِّمَا فِي الصُّدُورِ وَهُدًى
وَرَحْمَةٌ لِّلْمُؤْمِنِينَ ﴿٥٧﴾

O mankind! There has certainly come to you advice from your Lord, a cure for what [spiritual sickness] is in the chests, guidance, and mercy for the faithful.

(SŪRAH YŪNUS 10:57)

This verse describes the Qurʾān with four beautiful descriptions:



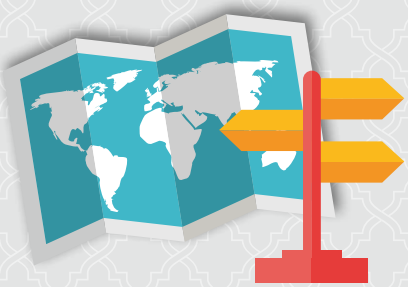
1. The Qurʾān is Advice

The Qurʾān is advice from your Lord that hits the heart. It is very easy for human beings to forget about the reason for why we were created. We have been put in this world (the dunyā) for a short time, and we have to use this opportunity to obey and serve Allah and the Ahl al-Bayt (ʿa), gain knowledge, and perfect our character. However, because Allah has made certain parts of the dunyā attractive to us, like food, friends, family, and entertainment, it is very easy to become obsessed with these things and to forget about the purpose behind them. That is why we need the Qurʾān. It is the best way of reminding us of what is important in a way that hits our heart and wakes us up.

The Qurʾān cures the spiritual heart

2. The Qurʾān is a Cure

The Qurʾān is a cure for what is in the chests. The human body's chest contains the heart, which is a very important organ that pumps blood to the rest of the body and removes carbon dioxide and other waste. Human beings have a spiritual heart, which is the center of thinking and emotion of a human being. In this verse, what's meant by "what is in the chests" is the spiritual heart. The Qurʾān cures the spiritual heart from spiritual diseases like having doubt about things that are clearly true, arrogance, jealousy, loneliness, hopelessness, greed, distrust, anger, and love of the dunyā. It does this by offering the best spiritual medicine, connecting us with Allah, helping us see things for what they really are, and reminding us of the right choices we need to make.



3. The Qurʾān Guides Us

The Qurʾān guides us to the true teachings, the best characteristics, the best deeds, and the best way of living.

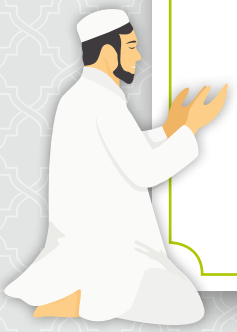
4. The Qurʾān is Mercy

If someone follows the teachings of the Qurʾān, the Qurʾān will be a source of special blessings from Allah's treasures that He gives only to those of His servants who deserve them.

This verse shows us how much the Qurʾān can potentially transform our lives to make us better people and servants of Allah. However, in order to benefit from the Qurʾān, we have to make an effort on our part and show that we are worthy of it.

Here are some things we can do in order to be worthy of the Qurʾān:

- Learn knowledge that is good and useful to help us become better people and get closer to Allah
- Seek advice from wise people
- Try to fix bad habits and cure bad thoughts
- Stay away from bad influences that take us away from the values of the Qurʾān and the Ahl al-Bayt (ʿa)
- Pray to Allah to give us the light of the Qurʾān



The Qur'ān Heals: WORKSHEET

1. Fill in the blanks:

   a) We should use our time in this world to obey and serve Allah and the Ahl al-Bayt (ʿa), gain knowledge, and perfect our character.

   b) The Qur'ān helps to cure spiritual diseases by offering the best spiritual medicine, by connecting us with Allah.

2. What are the four descriptions of the Qur'ān mentioned in this verse?

   advice, guidance, cure, mercy

3. List some spiritual diseases. (Answers may vary)

   having doubt about things that are clearly true, arrogance, jealousy, loneliness, hopelessness, greed, distrust, anger, and love of the dunyā

4. What can we do to be worthy of the Qur'ān? (List two things) (Any 2 of the following)

   - Learn knowledge that is good and useful to help us become better people and get closer to Allah
   - Take advice from wise people
   - Try to fix bad habits and cure bad thoughts
   - Stay away from bad influences that take us away from the values of the Qur'ān and the Ahl al-Bayt (ʿa)
   - Pray to Allah to give us the light of the Qur'ān

5. Fill in the blanks of this vocabulary table:

English	Arabic
Advice that softens the heart	مَوْعِظَة
A cure	شِفاء
Guidance	هُدًى
Mercy	رَحْمَة

Lesson 6

The Qur'ān Heals: WORKSHEET*

*Also includes vocabulary words from Lessons 1 – 5

Word Bank (words may be used more than once)
You may fill in the English translation to make answering the other questions easier.

مَوْعِظَة	شِفاء	هُدَى	رَحْمَة
Advice that softens the heart	A cure	Guidance	Mercy

Fill in the blanks with the Arabic word.

6. The Qur'ān is a شِفاء for spiritual sickness.
7. The Qur'ān provides مَوْعِظَة and reminds us of what is important in a way that wakes us up.
8. The Qur'ān is guidance and رَحْمَة for the faithful.

Writing: List 6 words in both Arabic and English that descibe the Qur'ān (from all lessons) (Any 6 of the following)

مَوْعِظَة	Advice that softens the heart
شِفاء	A cure
هُدَى	Guidance
رَحْمَة	Mercy
الْحَقّ	The truth
الذِّكْر	The Reminder
كِتَاب	Book
عَزِيز	Undefeatable
القرآن	The Qur'ān

Matching: Match the Arabic word to its translation. Write the letter in the blank.

E Guidance	رَحْمَة	**A**
G Humble	الْحَقّ	**B**
F A cure	جَبَل	**C**
C A mountain	الْبَاطِل	**D**
A Mercy	هُدَى	**E**
B The Truth	شِفاء	**F**
D Falsehood	خَاشِع	**G**

Review

1. Fill in the missing words and their translation in the table below.

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ ___1___
مِنْ رَبِّكُمْ وَ ___2___ لِّمَا فِي الصُّدُورِ
وَ ___3___ وَ ___4___ لِّلْمُؤْمِنِينَ

	Arabic Word	English Translation
1	مَوْعِظَةٌ	Advice that softens the heart
2	شِفَآءٌ	A cure
3	هُدًى	Guidance
4	رَحْمَةٌ	Mercy

2. Fill in the missing words and their translation in the table below.

وَالَّذِي أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ ___1___
وَلَٰكِنَّ أَكْثَرَ ___2___ ___3___

	Arabic Word	English Translation
1	الْحَقّ	The truth
2	النَّاسِ	People
3	لَا يُؤْمِنُونَ	They do not believe

3. Fill in the missing words and their translation in the table to the right.

لَوْ أَنْزَلْنَا هَٰذَا الْقُرْآنَ عَلَىٰ ___1___ لَّرَأَيْتَهُ
خَاشِعًا ___2___ مُّتَصَدِّعًا مِّنْ ___3___
وَتِلْكَ الْأَمْثَالُ نَضْرِبُهَا لِلنَّاسِ لَعَلَّهُمْ
يَتَفَكَّرُونَ

	Arabic Word	English Translation
1	جَبَلٍ	A mountain
2	خَاشِعًا	Humble
3	خَشْيَةِ اللهِ	Awe and fear of Allah

4. Fill in the blanks with the Arabic or English words.

	English	Arabic
1	Awe and fear of Allah	خَشْيَةِ اللهِ
2	A cure	شِفاء
3	The Reminder	الذِّكْر
4	Book	كِتَاب
5	Lord of all the worlds	رَبِّ الْعَالَمِين
6	Mercy	رَحْمَة
7	We sent down	نَزَّلْنا
8	They do not believe	لا يُؤْمِنون
9	The faithless	اَلَّذينَ كَفَرُوا
10	Guidance	هُدَى
11	Falsehood	الْبَاطِل

	English	Arabic
12	Humble	خَاشِع
13	Your heart	فُؤادَكَ
14	People	النَّاس
15	A mountain	جَبَل
16	Sent down to you from your Lord	أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ
17	To be fabricated	يُفْتَرَى
18	Undefeatable	عَزِيز
19	In a carefully ordered way	تَرْتِيل
20	Advice that softens the heart	مَوْعِظَة
21	The truth	الْحَقّ

5. Choose the best option for the translation of each of the following words.

اَلَّذينَ كَفَرُوا

a) They do not believe
b) The faithless
c) Falsehood
d) The people who stubbornly deny and hide the truth

نَزَّلْنا

a) Forgive me
b) Sent down to you from your Lord
c) Grant them
d) We sent down

خَاشِع

a) Humble
b) A mountain
c) A cure
d) People

عَزِيز

a) Undefeatable
b) Your heart
c) We sent down
d) A cure

مَوْعِظَة

a) We sent down
b) Undefeatable
c) Advice that softens the heart
d) Guidance

لا يُؤْمِنون

a) They do not believe
b) The faithless
c) Falsehood
d) People

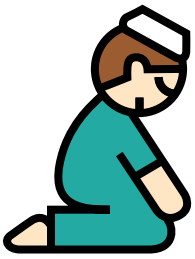
رَبِّ الْعَالَمِين

a) Awe and fear of Allah
b) Sent down to you from your Lord
c) Lord of all the worlds
d) Mercy

الْبَاطِل

a) Your heart
b) Falsehood
c) Book
d) In a carefully ordered way

The Qur'ān in the Qur'ān: REVIEW



ACROSS

3. In a carefully ordered way
4. It is impossible for anyone to compose the Qur'ān except _____.
5. Allah is perfect and His knowledge is _____.
6. Allah wanted to _____ guide the Muslims by teaching them Islam over a number of years.
7. The Qur'ān cures the _____ heart.
8. To think deeply and carefully (two words, no spaces)
10. It is a miracle that the Qur'ān will be able to _____ human beings to the right path until the Day of Judgment.
11. People's hearts should become _____ when they are reminded of Allah and His greatness through the words of the Qur'ān.

DOWN

1. If someone follows the teachings of the Qur'ān, the Qur'ān will be the source of special _____ from Allah's treasures that He gives only to those of His servants who deserve them.
2. "…That which has been sent down to you from your Lord is the _____, but most people do not believe."
4. The teachings of the Qur'ān will always be useful and _____.
9. The Qur'ān has not _____ over time.

Word Search

Find the Arabic word of the translations listed. It might help to write the Arabic version first.

د	ز	ث	ز	ي	ز	ع	ق	ي	ث	ب	د
ص	ا	ج	ف	ب	ض	س	ش	ء	ث	ج	ي
ة	ل	ج	ذ	غ	س	ف	ذ	ف	ح	ل	ف
ظ	ح	م	ء	ع	و	ث	غ	ل	ز	ا	ت
ع	ق	ه	ت	ذ	ه	ق	ش	ص	م	ب	ر
و	ط	ث	ع	ر	ي	م	م	ذ	ف	ب	ى
م	ء	س	ا	ب	ط	ل	ب	ا	ت	ك	ل
ي	ك	ذ	ل	ث	ط	ج	أ	ع	ط	ث	ق
غ	ف	غ	ن	ش	ب	ذ	ض	ت	ح	م	ض
ع	ظ	ج	ا	ض	س	ي	ح	ه	ث	ق	ف
س	د	ط	س	ط	ف	ل	ي	ت	ر	ت	ح
ن	ل	ل	ل	ط	ا	ب	ل	ا	و	أ	خ

In a carefully ordered way تَرْتيل

Undefeatable عَزِيز

Advice that softens the heart مَوْعِظَة

People النَّاس

To be fabricated يُفْتَرَى

Book كِتَاب

Falsehood الْبَاطِل

Truth الْحَقّ

Cut along dashed lines • Fold along gray line • Glue front to back

We sent down	نَزَّلْنا
The Reminder	الذِّكْر
Book	كِتَاب
Undefeatable	عَزِيز
Falsehood	الْبَاطِل
To be fabricated	يُفْتَرَى

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Cut along dashed lines • Fold along gray line • Glue front to back

Lord of all the worlds	رَبِّ الْعَالَمِين
Sent from your Lord	أُنْزِلَ إِلَيْكَ مِنْ رَبِّكَ
The truth	الْحَقّ
People	النَّاس
They do not believe	لا يُؤْمِنون
The faithless	اَلَّذينَ كَفَرُوا

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Your heart	فُؤَادَكَ
In a carefully ordered way	تَرْتِيل
A mountain	جَبَل
Humble	خَاشِع
Awe and fear of Allah	خَشْيَةِ اللّٰه
Advice that softens the heart	مَوْعِظَة

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A cure	شِفاء
Guidance	هُدَى
Mercy	رَحْمَة

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Qurʾān in the Qurʾān is the second of five booklets in the *Qurʾān Appreciation* curriculum. This booklet is comprised of six lessons that explore āyāt of the Qurʾān that describe itself and consists of Qurʾānic vocabulary, explanation and application of the verse(s), and review questions. The goal behind this series is to promote appreciation, love, understanding, and practical usage of the Qurʾān in the lives of our children.

Target age group: Upper elementary

AL-KISA FOUNDATION